



# The Inferno

The Newsletter of Greystone Centennial Middle School



## Principal's Message

**Mr. Anil Padayas**

Hello Greystone School Community!

The "Polar Vortex" came and left bringing Prairie chill with extreme temperatures causing safety concerns for our students and families. The Parkland School Division has revised its administrative procedure regarding severe weather conditions. In accordance with PSD [Administrative Procedure 750](#), Greystone Centennial Middle School continued to balance the learning needs of all students during the shutdown of transportation in these extreme weather conditions.

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In the next month or so, Greystone school will be sending out a survey to our parents for feedback towards Education Planning at Greystone Centennial Middle School. We hope and anticipate that parents will take some time to do the survey and guide our school to improvements in helping our students be successful in their education and assisting in school development  
Be well.

Visit us: [greystone.psd70.ab.ca](http://greystone.psd70.ab.ca)

# GCMS Reminders and Updates

## VISITORS AND GUESTS

All visitors to Greystone are asked to wear a mask, check in at the office, and sign in and complete the COVID-19 screen if necessary.

## SIGNING OUT YOUR CHILD

If you are picking up your child early, please come into the office to sign out your child. You may be asked to show identification.

## CONTACTING YOUR CHILD

Just a reminder, that if you would like to get in touch with your child please feel free to contact the school office and we will happily pass the message on to them.

We are trying to minimize distractions to the learning environment from personal devices. As such it is expected that cell phones and other personal devices will remain in lockers during instructional time.

Homeroom begins at 9:00am and the final bell rings at 3:45pm. Student break times are from 11:05-11:20 (Gr 5, 7, 9), 11:25-11:40 (Gr. 6 & 8) and 12:45-1:45.

## LOST AND FOUND

If you are missing a jacket or sweatshirt, ask your child to check the lost and found. Smaller items, such as phones etc. are turned in at the office.



## School Council

Our GMCS School Council meets once a month from approximately 6:30-7:30pm. All parents are welcome to join us to learn more about the school. School Council provides the Greystone Administration Team with parent and community perspectives, enabling decision making that meets the needs of home and school.

We are currently looking for someone to hold a variety of executive and volunteer positions. It is a great opportunity to work with a wonderful team.

For more information, please contact the school or visit our website for more details.

## Virtual Learning Options for 2021-2022

Parkland School Division is already busy planning and preparing for the 2021-2022 school year, which can be challenging, considering the unknowns that are associated with the COVID-19 pandemic.

Parkland School Division is pleased to offer a Virtual Learning option for families in the upcoming school year. Launched in September 2020, Virtual Learning is a teacher-directed program, supported by the staff from Connections for Learning, that allows students to work full-time from home using virtual learning tools and remote access to content.

The Virtual Learning program will be the primary option for families choosing to remain at home while still accessing school-division support. It is a full-time program, requiring a full-year commitment. Those families currently in Option 2 who wish to continue with an at-home online program similar to this year, will have their online needs met by registering for school at Connections for Learning in the Virtual Learning program.

Please note, there will be no multiple set re-entry dates to return to in-class delivery.



## PSD THOUGHT EXCHANGE 2021

At Parkland School Division, and Greystone Centennial Middle School we are committed to engaging with our community on behalf of the students we serve.

Meaningful Engagement is one of our Enduring Priorities you'll find in many parts of our Division's Education Plan. You are invited to share your perspectives about our schools and the Division as a whole.

By telling us what we are doing well and where we can improve, you will be contributing to the future success and well-being of our students as we work to develop a strong education system.

Thank you in advance for your help and input. Please join the conversation by clicking on either of the following links:

[LINK - Traditional](#)

[LINK - Scrolling](#)



# GCMS School Council & F.O.G.S News

We've started 2021 off with another successful cotton candy fundraiser, raising over \$700 from the sale in February! Thank you to all that participated and supported this fundraiser! We have more fundraising opportunities coming up with Wilhawk Beef Jerky after spring break! Information will be given out closer to the date. We have been able to do amazing things this year and look forward to doing even more. We are working closely with Parkland School Division and the City of Spruce Grove to have our drainage issue by the volleyball court fixed for next year!



A huge thank you to all those that have volunteered for the Casino fundraiser! Due to restrictions we sadly have to put it on hold until we get confirmation from them about a new date. We will keep you posted about our new date as we get further information. If you are still interested in helping please reach out to Christina Raw at [Chrisraw@telus.net](mailto:Chrisraw@telus.net) and put "Casino" in the subject line.

We would love to expand our council and fundraising society with more volunteers and are looking to you. Come to our next virtual council meeting and see how it runs. You can also pair up with a current member and find out more about how we operate and about our ongoing working relationship with Greystone Schools leadership team. What is important to you and your Childs school experience? We will have a few positions opening up for next year and this is the perfect time to see how they run. We are holding virtual Gmeets once a month and our next Gmeet is March 16thth at 6:30 pm. The link to join will be on the Greystone school calendar, look for it on the school website. If you have any questions please feel free to contact any of us on School Council or FOGS (Friends of Greystone Society), our emails are on the school's website.

Sincerely,

Kaeli Weir [Greystone.SCChair@psd70.ab.ca](mailto:Greystone.SCChair@psd70.ab.ca)



## Inferno Sports

Extra curricular sports look a bit different at Greystone right now. We are hoping to get back to some more regular sport and other activities for our students in the new year.

Thanks to everyone for supporting our program! Stay tuned to our [website](#) and [FB page](#), and the [Greystone Athletics FB page](#) for more details!

A special thank you to our School Council and FOGS, and our school community for their fundraising efforts. Because of you, we were able to get new jerseys this year!



# GCMS Reminders and Updates



## LUNCH ROUTINE

Students eat lunch with other students in their homeroom classroom from 12:45 to 1:15 pm (Gr. 6, 8) or 1:15-1:45 (Gr. 5, 7, 9). Students are also given an opportunity for recreation, which is generally outside from 12:45-1:10 (Gr. 5, 7, 9) or 1:15-1:40 (Gr. 6 & 8).

We expect students to stay in the assigned area for their grade level, as we are doing our best to keep students with their grade-level peers at breaks. Students are asked to maintain physical distance when possible and wear masks when they can't.

All students in Grades 5-8 are expected to remain on the school grounds, within boundaries, during recess time. Grade 9 students are able to go to the store, or to their own home, but are not to go to other students' homes for lunch.

At this point in time recess breaks are expected to be outside. The gym and library commons are not open to students at break times.

Students with the signed permission letter to go home for lunch must sign out and back in with the school office.

Students arriving after the bell must report to the office for a welcome slip before going to class.





## INFERNO SPIRIT WEAR

Show your Greystone Centennial Middle School Inferno pride in custom Inferno Spirit Wear.

Shop the online apparel store for a wide selection of clothing, sportswear, gear, merchandise and accessories, including masks toques and mitts. You can shop, order and pay online. Orders are then shipped directly to your home.

Order today at

<https://urstore.ca/greystone-centennial-school>.



## GREYSTONE HOT LUNCH

The GCMS hot lunch program is operated through "The Lunch Lady". Ordering is now available for Fridays. Order by Wednesday for Friday's lunch.

The Lunch Lady Program follows all necessary food handling safety guidelines as well as additional Covid-19 safety measures. Food is individually packaged for each student.



This program gives a wide variety of choices for our students each week, including healthy choices, larger portions and smaller servings. Try a few new things! Try something tasty today at

<https://order.lunchlady.ca>

*Connect With us!*

Visit our website at [greystone.psd70.ab.ca](https://greystone.psd70.ab.ca)

Like us on facebook: [www.facebook.com/GCMMSGCMS](https://www.facebook.com/GCMMSGCMS)

Follow us on Twitter @greystoneschool



### Wednesday, February 24, 2021

As a demonstration of our need to work together to promote healthy relationships and prevent bullying, Parkland School Division encourages all students, staff and families to participate in Pink Shirt Day on **Wednesday, February 24**, by donning your favourite shades of rose, fuchsia, salmon or magenta.

Being proactive in preventing bullying means we accept shared responsibility for the creation and maintenance of learning and work environments that are safe and welcoming for all students, their families and staff. This display of support is the foundation for creating bullying prevention strategies and modelling healthy relationships.

Show your commitment to creating welcoming, caring, respectful and safe environments and help stop bullying by wearing pink and sharing on social media using the hashtags **#psd70** and **#PinkShirtDay**. For more information on Pink Shirt Day and Safe and Caring Schools, please visit the [Pink Shirt Day](#) and [Alberta Government](#) websites.

## Grade 9 Transition to Grade 10 at SGCHS

It's that time of year again; while we are excited about the new adventures that our Grade 9 students will soon be embarking on, we know that this also means that all too soon we will be saying goodbye.

Our Grade 9s have already taken part in virtual feeder-school tours of Spruce Grove Composite High School. On **Thursday, Feb. 25th from 6:00 to 8:00 pm** SGCHS will be hosting a Gr. 9 Virtual Open House. This is an excellent opportunity for students to take a virtual tour of the school, explore complementary and core subject areas through teacher-prepared videos, and ask questions of SGCHS staff in their program-specific GMeets. Follow the [link to SGCHS Virtual Open House](#) for more information.

More questions? Contact SGCHS at **780-962-0800** or email [sgchs@psd70.ab.ca](mailto:sgchs@psd70.ab.ca)



## Dress for the Weather!

The weather can be unpredictable at this time of year, but students always need to be dressed appropriately in order to safely enjoy outdoor activities such as nutrition breaks, lunch breaks and physical education classes. A warm coat, mitts and hat are musts to wear and to keep in the backpack.

As the weather gets wet, snowy and icy it is increasingly important that students have a pair of outdoor shoes or boots that they change into in order to keep our floors dry, clean and safe. All students are expected to have a clean pair of indoor shoes for use in the gym.

If you are missing a jacket or sweatshirt, ask your child to check the lost and found. They are quite full already. Feel free to come in at the end of the day and check it yourself as well.



## Upcoming Events

### **HOT LUNCH** -<http://thelunchlady.ca>

Fridays - order by Wednesday

### **GCMS SCHOOL COUNCIL/FOGS**

Tuesday, March 16 @6:30 pm

Tuesday, April 20 @6:30 pm

Tuesday, May 18 @6:30 pm

All welcome!

### **CASINO FUNDRAISER - CANCELLED**

Thursday, Feb. 25-Friday, Feb. 26

### **SCHOLASTIC BOOK ORDERS**

Due Feb. 24

Due Mar. 24

### **TERM 2 REPORT CARDS AVAILABLE**

Friday, March 12

### **TERM 2 PARENT-TEACHER CONFERENCES**

Wednesday, March 17 @ 4:00-7:00 pm

Thursday, March 18 @ 4:00-7:00 pm

### **STAFF PLANNING AND DEVELOPMENT DAY**

(No School for Students)

Fri. March 5

Tues. April 6

### **SPRING BREAK (includes Easter)**

(No School for Students)

Friday, March 26 - Tuesday, April 7



# GCMS Library Learning Commons

Be sure to check out the Scholastic Digital flyers, both for classroom essentials and the reading clubs!

<https://classroomessentials.scholastic.ca/s/cec-ca/en/digital-catalogues>



Help build the Greystone library with exciting books from Scholastic!

Online orders can be placed anytime and delivered to your home (credit card)

When you're checking out, please enter the CLASS CODE, this lets our school earn 20% of the order value in rewards, and you get free shipping on your order of \$40 or more. The rewards help us to purchase new materials for the GCMS Library Learning Commons.

You can also order through Greystone library for free shipping (cheque or cash)

Visit <https://classroomessentials.scholastic.ca/> to order

**Mrs. Marshall will also take orders in person (cash or cheque)**

**Orders due February 24th & March 24th**

**(no shipping fees for orders through the library)**

# REGISTRATION

## Online Registration/Verification

February 8-March 25 for the 2021-2022 School Year



Parkland School Division's annual online registration/verification process will be available beginning February 8, 2021. All Pre-Kindergarten to Grade 12 registrations for both new and returning students will be conducted online through the PowerRegistration portal for the 2021-2022 school year. All parents will be required to complete this online process each school year.

RETURNING STUDENTS - Parents/guardians can verify returning student information by following instructions sent to them via email from "PowerSchool Registration Support" <noreply@noreply.psrsupport.com>

A 'Returning Student' is someone who has attended school in Parkland School Division or a student from another partner school division in the Regional Transportation system who has ridden on a PSD bus before. We already have data on file for these students from the 2020-2021 school year, but this data will have to be verified (and updated, if necessary) before these students can register for the 2021-2022 school year. If you did not receive an email, please check your "spam" or "junk" folder.

All parents are required to complete the registration process by 4:30 pm on March 25, 2021. This deadline allows us to determine the eligibility of bus pass applicants, the routing of buses, bus pass production and data verification before the summer break while schools are still operating.

Complete information on the registration process can be found on our [Registration page](#).





## FCSS Programming

Spruce Grove Family and Community Support Services (FCSS) is a partnership between the City of Spruce Grove, Parkland County and the Government of Alberta. The mandate of FCSS is to provide locally-driven, preventative social programs and initiatives to enhance the well-being of individuals, families and the community. Our programs enable people of all ages to improve their quality of life and their ability to prevent and / or deal with crisis situations should they arise. Our support resources connect people with programs and services.

For more information visit our website at <https://www.sprucegrove.org/government/departments/community-and-protective-services/family-and-community-support-services-fcss/>

# Supports for Students & Families

## Crisis Hotlines

Most of these services are available 24/7 to both families and individuals in need. Click on the name of each service to learn more about it. Always call 9-1-1 if someone is in immediate danger.

### Mental Health Help Line (24/7)

This help line provides toll-free, 24/7 confidential and anonymous telephone service for Albertans with mental health concerns. Callers can get information about mental health programs and services, and be referred to other agencies if necessary.

**Phone: 1-877-303-2642**

### Kids Help Phone (24/7)

Kids Help Phone is Canada's only 24/7, national support service. They offer professional and confidential counselling, information and referrals, and volunteer-led, text-based support to young people. You can connect with them by phone, text or live chat, whenever you want, however you want.

**Phone: 1-800-668-6868**

**Text: Text CONNECT to 686868**

**Live Chat: [kidshelpphone.ca](http://kidshelpphone.ca)**

### Provincial Support Line

Provides referrals to community and government support as well as social services

**Phone: 211**



# Supports for Students & Families

## Tri-Region Bunch

A network of youth-serving providers committed to connecting youth with activities, resources, and safe adults in the Tri-Region. Check out our [video](#) on the Community Compass and visit us at [bit.ly/triregionbunch](http://bit.ly/triregionbunch).

## Youth Mental Health Clinic

The Youth Mental Health Clinic is a referral-based specialty clinic offering wrap-around mental health services for youth ages 11-25. The main focus for accessing the YMHC would be for diagnosing and managing ADHD, anxiety, and depression. Contact the Community Connectors listed below for your area. There is no longer walk-in therapy available.

## Community Connectors

Community Connectors support youth ages 11-25 and their families in the Tri-region with accessing and navigating community and mental health supports and services by working collaboratively with a coalition of community stakeholders, social service agencies, and health care providers. Community Connectors work out of the Youth Mental Health Clinic, Parkland Area schools/outreaches, the Stony Plain Youth Centre, and the Lions Log Cabin Spruce Grove.

## To access these services:

- **Prab** – Spruce Grove & Greater Parkland Area
  - email [prab.gill@westviewpcn.ca](mailto:prab.gill@westviewpcn.ca) or call/text 780-217-8701
- **Michelle**– Stony Plain & Greater Parkland Area
  - email [michelle.enright@westviewpcn.ca](mailto:michelle.enright@westviewpcn.ca) or call/text 780-217-4146
- Check out the Community Connector Instagram @triregioncc

## Caregiver Education Through AHS

- **Caregiver Education Sessions**
  - 90 minute online sessions intended to provide parents, caregivers, teachers, and community members with introductory information regarding mental health challenges that can affect children/youth.
- **Lunch & Learn Webinars**
  - 60 minute informational webinars for parents/caregivers who are looking to strengthen their child's/adolescent's ability to thrive through life's challenges and discover strategies that can help build resiliency.





## Youth Centre Activities



As of Sept. 1, the Stony Plain Youth Centre will be reopening for limited in-person activities and programs!! They are geared towards youth aged 11 to 17 and are located at 4902-51 Avenue in Stony Plain.

They will be open Tuesdays and Thursdays from 2pm – 6pm for scheduled activities and/or programs and you must register in advance.

There is a new booking system so you can save your spot, whether it be for one of our "Activities of the Day" or reserve some time at a computer station. Look for the new "Booking" button at the top of the [Facebook](#) page, check the link in the Instagram bio ([spyouthcentre](#)), go to our [webpage](#) or call to reserve.

As with most places, you will need to social distance, sanitize and wear a mask to participate, so bring one if you have one.

You will also be asked a few screening questions once you arrive--and anyone exhibiting symptoms will sadly not be allowed to participate. So if you aren't feeling well, please stay home and rest up till you are feeling better!

Find and follow them on Facebook, Instagram or Snapchat for up to date info and to find out what will be happening each week!



# Parkland School Division ADHD

## Series:

Presented FREE in partnership with  
Alberta Parenting for the Future

### ADHD 101

A discussion to bust myths about ADHD to inform caregivers, and the general public, in order to increase compassion for the amazing humans living with ADHD and to streamline interventions.

**Date:** Wednesday, March 10, 2021  
**Time:** 9:30 AM - 11:00 AM  
**Location:** Online Zoom Webinar / Discussion Group  
**Presenter:** Chantal Jackson  
(Elements Health)

### ADHD Strictly Strategies

Presenter Chantal Jackson, Registered Psychologist from Elements Health will share easy-to-use strategies for home, school and other environments and strategies for further developing the brain.

**Date:** Wednesday, March 17, 2021  
**Time:** 9:30 AM - 11:00 AM  
**Location:** Online Zoom Webinar / Discussion Group  
**Presenter:** Chantal Jackson  
(Elements Health)



**LDAA • Learning Disabilities  
Association of Alberta**

### Learning Disabilities Association of Alberta - Edmonton

#### Roblox Social Group 7+

Roblox is an educational online video game. It enhances creativity, problem-solving, self-direction, collaboration and other life skills.

Spring Break Session: March 29, 30, 31 -  
1:00-2:30 pm (\$25.00)

#### Social Skills Group (\$100)

##### Ages 8-12 & 13-18

- Does your child struggle with friendships and social cues?
- Do they have difficulty with organizational skills?
- Trouble paying attention or staying on task?
- Do they have trouble managing their emotions?

Join us for our Virtual Social Skills Program starting April 10, 2021

Our groups specialize in children with ADHD, ASD, Tourettes and Learning Disabilities but all are welcome!

- 8-12 years - 6 week program -  
Saturday mornings - 10:00 - 11:30
- 13-18 years - 6 week program -  
Saturday afternoons - 12:30 - 2:00

Contact your FSCD worker to see if your child qualifies for funding. (Vendor #598018)

Call 780-466-1011 or email  
info@ldedmonton.com

# FEELING SICK? HERE'S WHAT TO DO

**Updated February 18, 2021**

Please visit the [Parkland School Division](#) and [Greystone Centennial Middle School](#) websites for the most up-to-date information.

Additional information on school re-opening can be found on the Government of Alberta website in the [K to 12 school re-entry section](#).

There may be some confusion as to when parents should keep their children home from school or when parents are allowed to return their children back to class. First and foremost, it is the parents' role to screen their child(ren) for symptoms every morning.

Each day before going to school:

**Step 1** - Use the [COVID-19 Screening Questionnaire](#) (there is an over 18 version, and an under 18 version)

**Step 2** - If you answer "Yes" to any of the questions, stay home and use the [AHS Online Self-Assessment Tool](#)

**Step 3** - Follow the recommendations outlined by the self-assessment tool or take direction from your primary health care practitioner (family doctor)

For a helpful summary of this important information, please refer to [Parkland School Division's Stay At Home Guide](#).

**STUDENTS WHO ARE NOT FEELING WELL SHOULD STAY HOME FROM SCHOOL.** According to Alberta Health Services guidelines, if a child develops symptoms that could be caused either by COVID-19 or by a known pre-existing condition (e.g. allergies, chronic cough), the child should be tested for COVID-19 to confirm that it is not the source of their symptoms before returning to school.

Thank you for helping to keep our school, staff, students and communities safe and healthy!

## You are legally required to self-isolate if:

- You test positive for COVID-19.
- You have a cough, fever, shortness of breath, loss of taste or smell that is not related to a pre-existing illness or health condition.
- You have been in contact with someone known to have COVID-19.
- You have travelled outside Canada within the last 14 days.



## Close Contacts of Confirmed Cases

You are legally required to isolate for 14 days and monitor for symptoms if you are a close contact of a person who tested positive for COVID-19. A close contact is someone who provides care to, lives with, has close physical contact with of someone with COVID-19.